

RENEWING THE MIND ABOUT GOD

RECOGNIZING WRONG THINKING AND IMPLEMENTING CORRECT THINKING “...BE TRANSFORMED BY THE RENEWING OF YOUR MIND.” ROMANS 12:2

WRONG THINKING

- _____ God doesn't really love me.
- _____ God doesn't care.
He just wants me to be good.
- _____ God is always impatient
and angry.
- _____ God doesn't hear me.
He is distant and disinterested.
- _____ God doesn't answer prayer; he
is absent or too busy for me.
- _____ God is controlling and manipulative.
He will take away my freedom.
- _____ God is stern and demanding.
- _____ God is passive and cold.
- _____ God is mean, cruel or abusive
- _____ God is condemning and
unforgiving.
- _____ God is exacting, nit-picking,
perfectionistic.
- _____ God wants to take the fun
out of life

CORRECT THINKING

- _____ God loves me so much he gave his life for me.
John 3:16.
God loves me with an everlasting love..
Jeremiah 31:3
- _____ God is kind and compassionate
Psalm 103:8-14. Psalm 86:15. Psalm 119:77
- _____ God is patient and slow to anger.
Exodus 34:6. 2 Peter 3:9
- _____ God is intimate and involved.
Psalm 139:1-18
- _____ God is always eager to be with me.
Hebrews 13:5. Jeremiah 31:20
- _____ God is full of grace and mercy. He
gives me freedom to fail.
Hebrews 4:15,16. Luke 15:11-16
- _____ God is accepting and filled with joy and love.
Romans 15:7; Zephaniah 3:17
- _____ God is warm and affectionate
Isaiah 40:11
- _____ God is loving, gentle and protective of me.
Jeremiah 31:3
- _____ God is tender-hearted and forgiving.
Psalms 130:1-4
- _____ God is committed to my growth and proud of me
as his growing child..
Romans 8:28,29; 2 Corinthians 7:14
- _____ God is trustworthy and wants to give me a full
life. His will for me is good.
John 10:10; Romans 12:1,2

Check all statements that you believe about God. Work from left to right and renounce the lies that you believe about God. After you renounce those lies, put into your mind the truth. Rehearse these truths whenever the lie about God tries to hinder your faith or cause you to doubt Him. Once we become a child of God, He no longer condemns us (Romans 12:1,2). However, if we choose to walk in disobedience, God will pursue and discipline us to bring us back to Himself because of His love and watch-care for us.

Janet Baylis Gassman, M.A.C.
Counselor, Speaker, Author
Phone: 503-658-6639
jlgassman@earthlink.net
www.soulstruggle.net

WHAT IS MY PICTURE OF GOD **AND WHY DOES IT MATTER?**

John 10:10. The thief comes only to steal, and kill, and destroy; I came that they might have life, and might have it abundantly.

One way the thief comes to steal, kill and destroy is to give us a distorted picture of God the Father. In this way our relationship to God is hindered, destroyed, or at the very least distant.

WHY DOES IT MATTER?

*If I see Him as harsh, I will be fearful

*If I see Him as dictatorial, I will either rebel against Him or be depressively submissive to Him. Both are produced from anger—one is external, the other internal.

*If I see Him as angry, I will stay away from Him.

*If I see Him as weak (meek and mild Jesus), I will feel He cannot help me.

*If I see Him as judgmental, I will become depressed and anxious.

*If I see Him as unmerciful, I will carry guilt and shame.

8If I see that He has the power over my eternal destiny and has condemned me,
I feel desperate, helpless and hopeless.

WHY DOES IT MATTER?

*If I see Him as loving, I will not fear Him but desire to love Him.

*If I see Him as caring, I will want to trust Him.

*If I see Him as gracious, I will desire to know Him.

*If I see Him as strong but gentle, I will know He can help me.

*If I see Him as merciful, I will want to show mercy and be less critical.

*If I see Him as my Savior because I have received His blood sacrifice as the covering for my sin, I will know freedom and worship Him.

8If I see Him as choosing me, I know I am valuable with a purpose.

Notice the movement from fear to love; from rebellion or depression to trust; from distance to desire and relationship; from helplessness to assurance, from condemned to worship and value. These movements create LIFE!

WHY DOES IT MATTER?

How you see God will determine how you see yourself, respond to others and how you view the world. If God really loves you, then you are free to love. If He has freed you from sin, you are free indeed. There is nothing that can bind you. You will see life from a different point of view. You will see yourself in a different light. It makes all the difference..

WHY DOES IT MATTER?

Do you struggle with these emotions: fear, anxiety, depression, anger, helplessness, (no control over your life), unloving, critical? By applying the truth to your life, you will change.

Read Psalm 139 daily until you “get it”.

Janet Baylis Gassman. M.A.C.
Counselor, Speaker, Author
Phone: 503-658-6639
jl_gassman@earthlink.net
www.soulstruggle.com